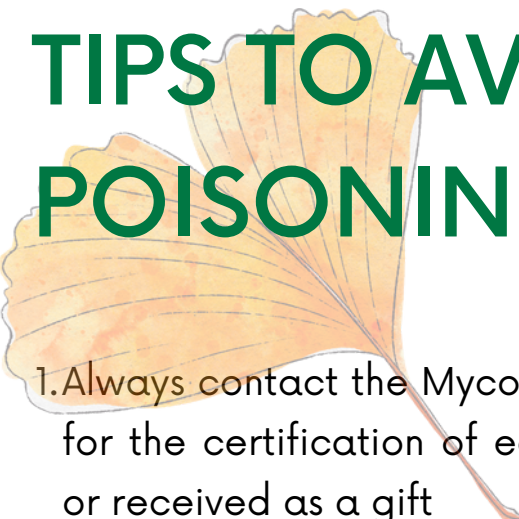


TIPS TO AVOID MUSHROOM POISONING



1. Always contact the Mycological Inspectorate of ATS Brianza for the certification of edibility of the mushrooms collected or received as a gift
2. Avoid picking mushrooms near landfills, industrial areas, or busy roads
3. Collect and store the mushrooms in ventilated containers. Store them in the refrigerator and consume them as soon as possible
4. Buy mushrooms from authorized sellers only
5. Eat only mushrooms of which you have verified their edibility
6. Only consume mushrooms that are in a good state of preservation, i.e., not deteriorated or contaminated by mold and parasites
7. Only consume mushrooms in moderate amounts and take a break between meals containing them
8. Remember that children, pregnant women, the elderly, or people with health issues should refrain from consuming mushrooms
9. Some mushrooms need special cooking such as prolonged cooking or pre-cooking before their consumption. For more information contact the Mycological Inspectorates
10. Go to the emergency room immediately and with no hesitation when you feel unwell after eating mushrooms. Bring with you any residual mushroom leftovers, cooked and/or raw

MYCOLOGICAL INSPECTORATE CITY OF MONZA

Via De Amicis, 17 Monza (MB)
2nd floor SC I.A.N.
039 2384640 – 039 2384667

MYCOLOGICAL INSPECTORATE CITY OF DESIO

Via Novara, 3 Desio (MB)
SC IAN
0362 304885

MYCOLOGICAL INSPECTORATE CITY OF OGGIONO

Via I Maggio, 21 Oggiono (LC)
Prevention Laboratory
0341 482850

MYCOLOGICAL INSPECTORATE CITY OF USMATE VELATE c/o POLIVALENTE CENTER

Via Roma, 85 Usmate Velate (MB)
Building A - 1st floor Veterinary Department
039 6288028 – 039 6288029

MYCOLOGICAL INSPECTORATE CITY OF BELLANO

Via Papa Giovanni XXIII, 15 Bellano (LC)
Veterinary Department
0341 822128

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AND BY APPOINTMENT**

